

BRUNCH

MONDAY - FRIDAY 10AM - 3PM
WEEKENDS & HOLIDAYS 9AM - 3PM

WAKE UP CALL

CAESAR | 1½ oz | 8
VODKA, CLAMATO, WORCESTERSHIRE, TABASCO,
HORSERADISH, IN HOUSE SPICY RIM

LA VIE EN ROSE | 1½ oz | 15
DILLION'S ROSE GIN, ST GERMAIN ELDERFLOWER
LIQUEUR, LEMON, ROSEMARY

MORNING TEA | 1½ oz | 9
OLD FORESTER BOURBON, ICED BLACK TEA, PEACH, LEMON

RYE AND SHINE | 1½ oz | 9
IN HOUSE EARL GREY INFUSED RYE, LEMON,
AGAVE SYRUP, LAVENDER BITTERS, BLACK PEPPER

SUNRISE MIMOSA | 4oz | 8
CHAMBORD, PINEAPPLE, ORANGE, SPARKLING WINE

THE HASSEL DOF | 2oz | 13
BOMBAY GIN, ST GERMAIN ELDERFLOWER LIQUEUR,
LIME, SIMPLE SYRUP, CUCUMBER

START LIGHT

- GF VC** **INSOMNIA SMOOTHIE** | 6
APPLE, STRAWBERRY, GREEK VANILLA YOGURT,
PINEAPPLE JUICE, HONEY
- GF V** **FRUIT BOWL** | 7
ADD GREEK VANILLA YOGURT 4oz (\$5), GRANOLA 4oz (\$4.5)
- GF V** **SIDE HOMEFRIES** | 5
IN OUR LEGENDARY SAUCE
- GF V** **SIDE KALE SALAD** | 9
SUGAR SNAP PEAS, PINE NUTS, ONION
SPROUTS, CARROTS, LEMON TAHINI DRESSING

SANDWICHES

SERVED WITH MIXED GREENS &
HOMEFRIES IN OUR LEGENDARY SAUCE

ADD EGG (\$2.5), STRIP BACON / PEAMEAL (\$4),
SUBSTITUTE GLUTEN-FREE TOAST (\$1.5)

- THE GENERAL PLT** | 15
MARTIN'S POTATO BUN, PEAMEAL BACON, EGG,
CHEDDAR, LETTUCE, TOMATO, GARLIC AIOLI
SUBSTITUTE TURKEY BACON (\$1.5)
- VC** **PEAR GRILLED CHEESE** | 14
CHALLAH, BRIE, CHEDDAR, HONEY ROASTED PEAR
- BACON GRILLED CHEESE** | 14
MULTI GRAIN, CHEDDAR, TOMATO,
BACON (PEAMEAL / STRIP)
SUBSTITUTE TURKEY BACON (\$1.5)

EGGS

SERVED WITH MIXED GREENS &
HOMEFRIES IN OUR LEGENDARY SAUCE
SUBSTITUTE EGG WHITES (\$1.5), GLUTEN-FREE TOAST (\$1.5)

- VC** **TRADITIONAL** | 14.5
2 EGGS, TOAST (WHITE / MULTI GRAIN / LIGHT RYE),
1 SIDE (PEAMEAL / STRIP / GUACAMOLE / TOMATO)
SUBSTITUTE ANDOUILLE SAUSAGE OR TURKEY BACON (\$1.5)
- VC** **3 EGG OMELETTE** | 15.5
ADD INSIDE: PEAMEAL / STRIP BACON / ANDOUILLE SAUSAGE /
SMOKED CHICKEN BREAST / TURKEY BACON (\$2.5 EACH)
CARAMELIZED ONIONS, SAUTÉED MUSHROOMS,
PESTO, SPINACH, CHEESE BLEND, TOAST
(WHITE / MULTI GRAIN / LIGHT RYE)
- STEAK & EGGS** | 22.5
6oz NY STRIPLOIN, 2 EGGS,
TOAST (WHITE / MULTI GRAIN / LIGHT RYE)
- VC** **HUEVOS RANCHEROS** | 15.5
GF CORN TORTILLA AVAILABLE
2 EGGS, SOFT TORTILLA, REFRIED BEANS,
SALSA, MONTEREY JACK CHEESE, GUACAMOLE
- GF V** **TOFU RANCHEROS** | 14.5
CORN TORTILLA, SCRAMBLED CURRIED TOFU,
SALSA, REFRIED BEANS, GUACAMOLE

BENEDICTS

SERVED WITH POACHED EGGS, WHOLE WHEAT
ENGLISH MUFFINS, HOLLANDAISE, MIXED
GREENS & HOMEFRIES IN OUR LEGENDARY SAUCE
REPLACE ENGLISH MUFFINS WITH
MANAMI PATTIES **GF** (\$2.5), OR WAFFLES (\$2.5)
ADD CHEDDAR / CHEESE BLEND (\$1.5), BRIE (\$2.5),
GUACAMOLE (\$3.5), TOMATO (\$2.5)

- CLASSIC** | 16.5
CHOICE OF BACON (PEAMEAL / STRIP)
SUBSTITUTE TURKEY BACON (\$1.5)
- CHARLOTTE** | 18.5
SMOKED SALMON
- GF VC** **MANAMI** | 14.5
GLUTEN-FREE CURRIED RICE PATTIES
- VC** **ISABELLE** | 15.5
GUACAMOLE, TOMATO
- VC** **FLORENTINE** | 14.5
BABY SPINACH
- MEMPHIS** | 17.5
CHIPOTLE BBQ PULLED PORK
- LORRAINE** | 17.5
CHEDDAR, CHOICE OF BACON (PEAMEAL / STRIP)
SUBSTITUTE TURKEY BACON (\$1.5)

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GF GLUTEN-FREE **VC** VEGETARIAN **V** VEGAN

INSOMNIA EST. 1997

BRUNCH

SWEET SPOT

- VC CITRUS SPIKED FRENCH TOAST | 14.5**
CHALLAH BREAD, ICING SUGAR, MAPLE SYRUP
- VC HEAVEN ON EARTH | 16.5**
CHALLAH FRENCH TOAST, ICING SUGAR, BERRIES,
CREAM CHEESE, HONEY, MAPLE SYRUP
- VC WAFFLES | 10**
ICING SUGAR, MAPLE SYRUP
ADD GREG'S ICE CREAM: ROASTED MARSHMALLOW /
SWEET CREAM / CHOCOLATE (\$4 EACH)
STRAWBERRIES / BANANAS / PINEAPPLES /
CHOCOLATE CHUNKS (\$3 EACH)
WHIPPED CREAM / STRAWBERRY COULIS (\$2 EACH)
CHOCOLATE SYRUP / CARAMEL SYRUP (\$1 EACH)
- VC OUR FAMOUS OVEN-BAKED PANCAKE | 14.5**
ONLY AVAILABLE ON WEEKENDS / HOLIDAYS
ICING SUGAR, MAPLE SYRUP
CHOOSE ONE
(MIXED BERRIES / CANDY APPLE /
CHOCOLATE BANANA)
- GF V PBB & J BUCKWHEAT SHORT-STACK | 14.5**
ONLY AVAILABLE ON WEEKENDS / HOLIDAYS
PEANUT BUTTER BANANA SAUCE,
STRAWBERRY COULIS, ICING SUGAR, MAPLE SYRUP

SIDES

- AIOLI 1oz | 1.5**
- ANDOUILLE SAUSAGE | 4.5**
- AVOCADO | 4.5**
- GUACAMOLE 2oz | 3.5**
- EGG | 2.5**
- GLUTEN-FREE TOAST 2pc | 3.5**
- GRANOLA 4oz | 4.5**
- GREEK VANILLA YOGURT 4oz | 5**
- HOLLANDAISE 2oz | 3.5**
- PEAMEAL BACON 2pc | 4**
- PULLED PORK 4oz | 5.5**
- MAPLE SYRUP 2oz | 2.5**
- REFRIED BEANS 4oz | 3.5**
- SCRAMBLED CURRIED TOFU 4oz | 4.5**
- SMOKED CHICKEN BREAST 4oz | 5**
- SMOKED SALMON 2oz | 7**
- STRIP BACON 3pc | 4**
- TOAST (WHITE / MULTIGRAIN / LIGHT RYE) 2pc | 2.5**
- TOMATO 4pc | 2.5**
- TURKEY BACON 2pc | 4.5**

DRINKS

DECAFFEINATED AVAILABLE

- COFFEE | 3**
FREE REFILLS WITH FOOD PURCHASE
- TEA | 3**
(BLACK / CHAI / CHAMOMILE / EARL GREY /
ENGLISH BREAKFAST / GREEN / LEMON / MINT)
- SINGLE ESPRESSO | 3.5**
EXTRA SHOT OF ESPRESSO (\$1)
- LATTE / CAPPUCINO | 4**
EXTRA SHOT OF ESPRESSO (\$1)
- AMERICANO | 4.5**
DOUBLE SHOT
- ICED AMERICANO | 4.5**
DOUBLE SHOT
- MOCHACCINO | 5**
EXTRA SHOT OF ESPRESSO (\$1)
- HOT CHOCOLATE | 4**
- CHOCOLATE MILK | 3.5**
- POP | 3**
FREE REFILLS WITH FOOD PURCHASE
(PEPSI / DIET PEPSI / SCHWEPES GINGER ALE /
7-UP / ORANGE CRUSH / SODA /
SCHWEPES TONIC WATER / DR. PEPPER /
MOUNTAIN DEW / BRISK ICE TEA)
- JUICE | 3.5**
(APPLE / CRANBERRY / GRAPEFRUIT / ORANGE /
PINEAPPLE / TOMATO / CLAMATO)
- RICHARD'S ICED TEA | 4.5**
ORANGE PEKOE, STRAWBERRIES,
APPLES, APPLE JUICE, SUGAR RIM
- MILK | 3**
ALMOND MILK AVAILABLE

JUST SO YOU KNOW:

- BRUNCH / MONDAY - FRIDAY | 10AM - 3PM**
BRUNCH / WEEKENDS & HOLIDAYS | 9AM - 3PM
SNACKBAR / MONDAY - SUNDAY | 3PM - 5PM
DINNER / MONDAY - SUNDAY | 5PM - 10PM
LATE NIGHT / MONDAY - SUNDAY | 11PM - 2AM
- NONE OF OUR MENU PRICES INCLUDE APPLICABLE TAXES
 - A 15% GRATUITY MAY BE ADDED TO TABLES OF 6 OR MORE
 - ALTHOUGH SUBSTITUTIONS SEEM EASILY ACCOMMODATED,
THEY AFFECT THE EFFICIENCY OF OUR SERVICE. FOR EACH
SUBSTITUTION A \$1.00 CHARGE WILL BE APPLIED TO THE BILL
 - BECAUSE OF RISK OF CROSS CONTAMINATION OUR FOOD IS
NOT SUITABLE FOR THOSE WITH SEVERE ALLERGIES
 - PLEASE NOTIFY YOUR SERVER OF ANY FOOD ALLERGIES

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GF GLUTEN-FREE VC VEGETARIAN V VEGAN

INSOMNIA EST. 1997